



TEA MENU

Need Help Deciding? Ask our Experts



Gold Star – Senior Tea Consultant

- Over 90 days of training
- Completed Tea Knowledge Test



Silver Star – Tea consultant

- Over 30 days of training
- Has tasted every tea
- Completed Tea Knowledge test



- Souvia® Exclusive Blend

BLUE = BESTSELLER

* indicates Organic, FT indicates Fair Trade Certified™ Note: 50 grams of Tea makes about 25 cups
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Black Teas

	<u>From India:</u>	<u>50g</u>	<u>100g</u>	<u>250g</u>
*Assam FTGFOP1 (organic)	rich, full-bodied, smooth	5.99	11.38	26.96
Darjeeling Margaret's Hope Autumnal	rich and spicy floral texture, a treat!	10.99	19.99	44.99
Darjeeling Makaibari	autumnal with muscatel notes	6.99	11.38	26.96
*Nilgiri FOP	smooth tasting, with strength and body	3.99	7.58	17.96
*Mount Everest	Assam and Yunnan straddle the Himalaya	6.99	13.28	31.45

From China:

Keemun Black Hao Ya B	famous for its superb flavor and aroma	8.99	17.08	40.46
* Lapsang Souchong	smoky, think single malt scotch	4.50	8.55	20.25
Yunnan Royal Gold	hand-plucked golden tips, sweet with fruit note	19.99	35.99	84.99

From Sri Lanka:

Kenilworth Estate OP	single estate tea, smooth flavor	4.99	7.58	17.96
Nuwara Eliya	"above the clouds" clean and delicate	4.99	9.48	22.46

Other Black Teas:

*(FT) China Breakfast (organic)	sweet & malty, from a premier tea garden	9.99	18.98	39.99
East Frisian Blend	blend of Assam, Java and Ceylon teas	5.99	11.38	26.96
* English Breakfast Blend(organic)	fine whole leaf Indian and Ceylon teas	3.99	7.58	17.96
* Irish Breakfast Blend	fine Nilgiri and Assam teas, nice and strong	4.99	9.48	22.46
Kenya Kaporet	bold and full-bodied cup, rich flavor	7.99	15.18	35.96
Vietnam OP	light and smooth flavors, Assam like	3.99	7.58	17.96



Limited and Rare Teas 50 grams

Milk Oolong (\$30.99)

Huang Shang Mountain Yellow Tea (\$21.99)

Taiping Monkey King (\$39.99)

2010 First Flush Darjeeling

Gopaldhara Estate (\$19.99)



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Green Teas

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* Asian Fusion	China/Japan blend with a smooth vegetal note	8.99	15.18	35.96
* Green Hyson	a traditional, popular tea, plum-like flavor	4.99	9.48	22.46
Dragonwell 2 nd grade	tender leaves provide a sweet flavor	9.99	17.08	40.46
* Fog Tea	shade grown, high mountain, sweet and smooth	6.99	13.28	31.46
Gunpowder 1 st grade	tightly-rolled green leaves, strong in flavor	3.99	7.58	17.96
<u>From Japan:</u>				
Bancha	balanced smoothness, refreshing flavor	5.49	11.38	26.96
Gen Mai Cha	Sencha with roasted rice and popped corn	5.99	11.38	26.96
Gyokuro	The best shade grown Japanese tea	12.99	24.68	58.46
Souvia Sushi	matcha-dusted genmaicha, Sushi bar tea at home!	5.99	11.38	26.96
Sencha Fukujyu	pleasantly sharp texture	8.99	15.18	35.96
Matcha Powder	packages of 100% cold-milled Green Tea	\$2.99/pack or 6 for \$14.99		

Other Green Teas

*Green Nilgiri FOP(July)	rich vegetal note with smooth finish, dragonwell-like	\$4.99	9.48	22.46
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Oolong Teas (partially oxidized)

Formosa Oolong	mild, sweet, bread-like flavor	7.99	12.99	35.99
Oolong Orange	smooth oolong with a pleasant citrus note	5.99	11.38	26.96
Lemon Basil Oolong	“Culinary Tea” savory and refreshing	5.99	11.38	26.96

Note: the following Oolongs can be steeped (re-brewed) 5-6 times

Monkey Picked Oolong	legendary lightly oxidized superb oolong	19.99	34.99	79.99
Ti Kuan Yin Premium	curly leaves, toasted complex flavors	12.99	24.68	58.46
Tung Ting Premium	beautiful floral aroma, very smooth	21.99	41.78	98.96

White Teas

Bai Mu Tan	hand sorted, soft and delicate flavor	6.99	13.28	31.45
* Silver Needle (organic)	from a special Fujian varietal, this Chinese white tea is world renowned and unique	21.99	41.78	98.96

Pu-Erh Teas

Pu-erh Cakes	Pu-erh in a traditional decorative cake (250g)	\$39.99		
Aged Pu-Erh	9-10 year old leaf Pu-erh...Earthy!	10.99	20.88	48.99
Pu-erh Mini Tuo Cha	earthy Pu-erh, shaped into a nest	5.99	11.38	26.96
*(FT) Pu-erh Ginger	Zesty stimulating ginger & citrus w/ pleasant energy	15.99	29.99	69.99
Aged Yunnan “Tribute”	6+ year old leaf Pu-erh, very smooth and floral	19.99	37.98	89.99

Decaffeinated Teas (CO₂ Method)

Note: The CO₂ Method preserves most of tea's benefits without the caffeine

Earl Grey	with bergamot and flavoring	9.99	15.18	35.96
English Breakfast Blend	robust in taste	9.99	15.18	35.96
*Sencha (organic)	pleasantly mild and aromatic	9.99	15.18	35.96

Flavored/Scented Black Teas

50g 100g 250g



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Afternoon Delight

Apricot	green/black blend with vanilla, cinnamon	4.99	9.48	22.46
Banana Split	the classic fruit great hot or iced	4.99	9.48	22.46
Black Currant	like the dessert/creamy coconut and banana	5.99	11.38	26.96
Café Latte	black tea with currants and currant leaves	4.99	9.48	22.46
Caramel	a harmonious combination of tea & coffee	5.99	11.38	26.96
Caramel Apple	China/Ceylon tea with caramel bits	5.99	11.38	26.96
China OP Rose	bite into a caramel-covered green apple	4.99	9.48	22.46
Chocolate-Cream Truffles	delicately scented tea with rose petals	3.99	7.58	17.96
Cinnamon Black	an indulgence without guilt	4.99	9.48	22.46
*Coconut	think cinnamon roll!	5.99	11.38	26.96
Cranberry Peach	toasted coconut in a smooth blend	5.49	10.43	24.70
Earl Grey	crisp cranberry and smooth peach	5.99	11.38	26.96
Georgia Peach	scented with bergamot oil	4.50	8.55	20.25
Grey Duchess	ginger spices the smooth peach	3.99	7.58	17.96
Irish Morning	Earl Grey, lavender, vanilla – divine!	5.99	11.38	22.46
Masala Chai	black tea with a rum flavoring	4.99	9.48	22.46
Peach	with cinnamon, cardamom, vanilla etc.	3.99	7.58	17.96
Razzleberry	refreshing, fruity flavor	4.99	9.48	22.46
Sonoran Chili Chocolate	Raspberry and Strawberry perfection	5.99	11.38	26.96
Strawberry Fields	sweet and spicy chocolate taste	5.99	8.25	19.99
Tea for 2 for the Road	Two teas, strawberry – Picture yourself...	4.99	9.48	22.46
Tropical Sunset *New*	perfect marriage of cinnamon and vanilla	5.99	11.38	26.96
Vanilla	great tropical mango/passionfruit flavor	4.99	9.48	22.46
	with Madagascar bourbon vanilla	5.99	9.48	22.46

Flavored/Scented White and Green Teas

Ambrosia White	Light and sweet - a delightful twist on the dessert	5.99	11.38	26.96
Angel's Kiss	papaya, pineapple and strawberry	5.99	11.38	26.96
Black Forest Temptation	full coconut and cherry flavors	4.99	9.48	22.46
Gojiberry	Sencha with gojiberry – super!	4.99	9.48	22.46
Green Chai	a subtler Chai with a smooth finish	5.99	11.38	26.96
Green Menthos	gunpowder tea with peppermint	4.99	9.48	22.46
Harvest Moon	Apple and Cinnamon conspire by the fire	5.99	11.38	26.96
Jasmine 1 st Grade	leaf jasmine, floral	4.99	9.48	22.46
Jasmine Downey Pearls	extravagant tea, picked only in the spring	18.99	31.35	74.25
Jasmine Flowering Teas	flowers unfold, beautiful to see as it is to taste	\$1.99/flower or 6 for \$9.99		
Nutalicious	It's Back! The creamy walnut with sencha	5.99	11.38	26.96
 Pear Helene (New*)	Light with sweet taste of ripe pears, try iced!	5.99	11.38	26.96
Pomegranate Grape	burst of grape - remember Jolly Ranchers?	4.99	9.48	22.46
Sencha Mango	Sencha with aromatic mango	5.99	11.38	26.96
Sencha Kombucha	Bright and smooth with a plum-like flavor	7.99	15.18	35.96
Sencha Pina Colada *New*	Coconut/Pineapple Island vacation in a cup	5.99	11.38	26.96
White Cherry	sublime white tea with Cherry essence	7.99	15.18	35.96
*White Peach (Organic)	floral, citrus and peach in a premium white	13.99	24.68	58.46



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Rooibos or Red Bush (caffeine-free)

		<u>50g</u>	<u>100g</u>	<u>250g</u>
*Rooibos (organic)	nothing but organic red bush!	5.99	11.38	26.96
*Honeybush (organic)	slightly sweet taste compared to Rooibos	4.99	9.48	22.46
Apple Cobbler	like a spiced cider – de-lish!	5.99	11.38	26.96
Apple/Mango	perfect fruit combo	4.99	9.48	22.46
Arizona Cactus Flower	smooth and floral with real cactus blossoms	5.99	11.38	26.96
Blueberry-Yoghurt	with blueberries and yoghurt granules	5.99	11.38	26.96
Caramel	Rooibos with a smooth caramel finish	5.99	11.38	26.96
Chocolate Orange	a wonderful combination	4.99	9.48	22.46
Coconut-Almond	with coconut & almond flakes, mild	5.99	11.38	26.96
Lemon Soufflé	creamy lemon, smooth and delicious	5.99	11.38	26.96
Maple Morning	wonderful, maple, hotcakes on the griddle	5.99	11.38	26.96
Orange Cream	prominent orange with a touch of cream	4.99	9.48	22.46
Pearls of the Nile	mélange of tropical fruits	5.49	9.99	21.99
Pomegranate	pomegranate and berries	5.99	11.38	26.96
Quiet Mind (July)	rooibos blend with lavender/coconut –relaxing	3.99	7.58	17.96
Raspberry Honeybush	raspberries, sunflower blossoms, & flavors	5.49	10.43	24.70
Red Chai	aniseed, ginger and cinnamon	4.99	9.48	22.46
Sweet Cherry	the name says it all	5.99	11.38	26.96
Tiramisu/Mascarpone	a guiltless indulgence	4.99	9.48	22.46
* Vanilla (organic)	smooth vanilla flavor with a mild finish	5.99	11.38	26.96

Ayurvedic, Mate, fruit blends

Almond Dream	apples and caramelized almonds	5.99	11.38	26.96
Balance Tea	Ayurvedic for digestive balance	5.99	11.38	26.96
Cold Chaser	antiviral elder leaves, linden, thyme...	5.99	11.38	26.96
Good Night	valerian root, passion flower, peppermint	5.99	11.38	26.96
Honey “Do”	thirst-quenching blend with a melon taste	5.99	11.38	26.96
Lomi Lomi	relaxing herbal blend with tropical fruit	7.99	15.18	35.96
Midsummer Night’s Dream	2007 Tea Expo Winner, citrus fruit blend	5.99	11.38	26.96
• Morning After (Souvia® Blend)	nettle, dandelion root and peppermint	8.99	17.08	39.99
Regeneration	relaxes without drowsiness	5.99	11.38	26.96
Relaxation	reviver with a lemon taste	5.99	11.38	26.96
Tulsi Detox	Cleansing brew that tastes great	5.99	11.38	26.96
Yoga Tea	Chai-like Soothing blend	5.99	11.38	26.96
*Yerba Mate	straight organic caffeinated herbal	4.99	9.48	22.46



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Herbals (Caffeine Free)

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*Astragalus	Tonic herb that helps body cope with stress	5.99	11.38	26.96
*Baby Rose Buds	Just the buds, reminiscent of Darjeeling	5.99	11.38	26.96
* Chamomile	calming and sweet tasting, good for indigestion and heartburn, colic, insomnia and gingivitis.	6.99	13.28	31.46
*Dandelion Root	the natural detoxifier; relieves water retention, recharges digestion and contains iron and potassium	6.99	13.28	31.46
*Elderberries	remedy for cold and flu symptoms, increases circulation, and is an immune system stimulant	5.99	11.38	26.96
*Fennel Seed	aids in digestion, helps expel gas and has antispasmodic properties	3.99	7.58	17.96
*Hibiscus	studies have shown that drinking hibiscus effectively lowers high blood pressure and reduces high cholesterol levels, high in vitamin C	5.99	11.38	26.96
*Hawthorn	considered in Europe a heart tonic, it dilates arteries	5.99	11.38	26.96
Jiaogulan	Chinese “Herb of Immortality” great vegetal Taste – an adaptogen, antioxidant	13.99	26.59	62.95
*Lavender Extra Prime	delicate and floral, calms and soothes	11.99	18.98	44.95
* Lemon Balm	calming, antiviral and antiseptic – excellent For stomach distress and general exhaustion	6.99	13.28	31.46
* Licorice	sweet tasting herb that is said to help with respiratory problems, ulcers, heartburn and arthritis	4.99	9.48	22.46
*Moroccan Mint	smooth North African spearmint	5.99	13.28	31.45
*Nettle	helps detoxify the liver and may lower blood pressure.	5.99	11.38	26.96
* Peppermint	refreshing and soothing, soothes digestion	8.99	17.08	40.46
*Red Raspberry Leaf	contains vitamins A, B-complex , C, E is rich in minerals; said to tone the lower female organs and to strengthen kidneys & urinary tract	5.99	11.38	26.96
*Sage	Not only a culinary herb, Sage is also a great Herbal Remedy. With its anti-inflammatory properties and many antioxidants, it is helpful with conditions such as arthritis, fever, and sore throat. It is also used in wound healing because of its astringent and antiseptic actions.	4.99	9.48	22.46

The information presented in this menu is based on the most recent scientific literature available at this time. However, there is still a lack of clinical information regarding several of the medicinal plants employed in current alternative and folk medicine around the world. It is therefore strongly recommended that no one use any product, herbal or otherwise for self-medication. It is important to seek qualified professional advice before undertaking any treatment whatsoever.



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